



Islington & Shoreditch  
Housing Association

# DAMP MOULD & CONDENSATION

**Top 10 tips for preventing  
damp, mould, and  
condensation**



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Damp, mould, and condensation can become more noticeable, and sometimes worse, during the colder months of the year. We take every report of damp and mould seriously and must respond within timescales set by law. Please report any persistent problems to us as soon as you notice them.

There are also some simple steps you can take to help prevent damp and mould. Here are 10 tips to reduce condensation and lower the risk of getting damp and mould in your home.

**1**



Wipe away condensation regularly, especially from windows, window frames and walls

**2**



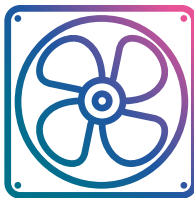
Clean damp spots regularly with a dampened cloth and shop-bought fungicidal treatment to cut the risk of it developing into black mould or mildew

**3**



Reduce the amount of moisture being created by keeping lids on pans when cooking, drying clothes outside when possible, and if you use a tumble dryer, making sure it is vented to the outside

**4**



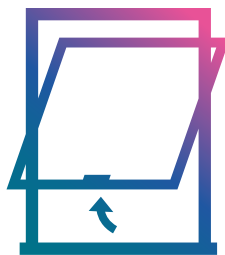
Use an extractor fan in the bathroom and kitchen, or if one is not fitted, open a window when taking a shower or cooking

# 5



Keep your doors closed when using the bathroom or cooking, to prevent moisture from spreading to other parts of your home

# 8



Air your home regularly by opening windows, even for a short time

# 6



Try and keep your home at a steady temperature, even turning central heating to a low setting can help prevent condensation

# 9



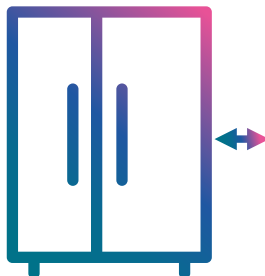
Keep trickle vents on windows open and don't cover up air bricks

# 7



Dry clothes in a well-ventilated room, not on a radiator

# 10



Ensure there is a gap between walls and furniture, eg wardrobes, so air can circulate

If you notice any persistent patches of damp or mould, please let us know right away. If necessary, we will visit to assess the problem and carry out any work needed to make your home safe.



If the issue is caused by something like a leaking roof, blocked gutter, or internal plumbing leak, we'll explain what needs to be done and keep you informed throughout the repair process.

You will find more information on our website [www.isha.co.uk](http://www.isha.co.uk)

## Report it to our Repairs and Maintenance team:



0300 131 7300



[RepairsAndMaintenance@isha.co.uk](mailto:RepairsAndMaintenance@isha.co.uk)



Visit our office at:  
102 Blackstock Road, London, N4 2DR  
Please check the website for opening times.

